YOUR FREQUENCY. YOUR JOURNEY. YOUR 30 MINUTES.

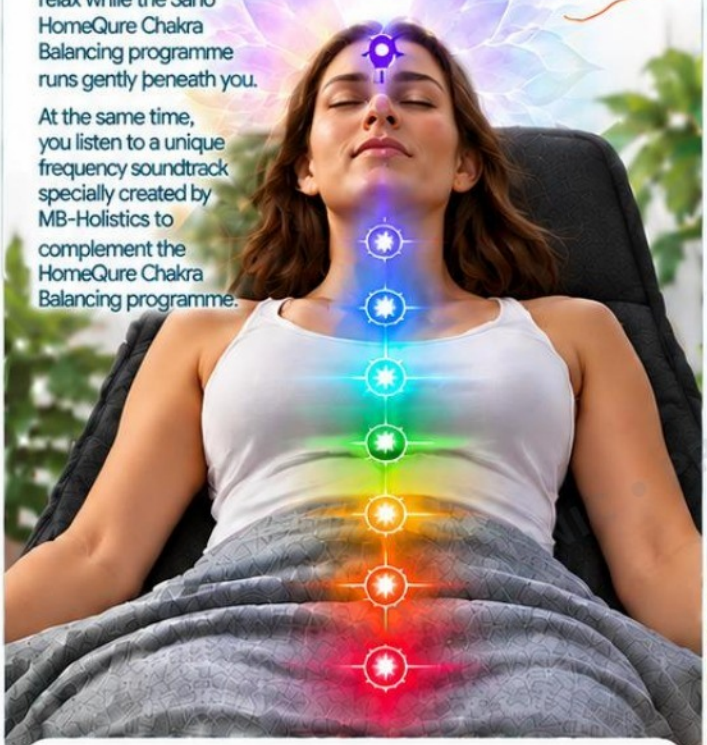
A UNIQUE CHAKRA REBALANCING EXPERIENCE

Imagine taking 30 minutes away from the outside world.

You lie back, close your eyes and allow yourself to completely relax while the Sano HomeQure Chakra Balancing programme runs gently beneath you.

At the same time, you listen to a unique frequency soundtrack specially created by MB-Holistics to complement the HomeQure Chakra Balancing programme.

Relax Rebalance Rejuvenate



A SOUNDTRACK CREATED FOR HOMEQURE

MB-Holistics has created a unique 30-minute Chakra Rebalancing frequency track specifically for use alongside the Sano HomeQure Chakra Balancing programme.

The soundtrack brings together carefully selected sound and frequencies to create an immersive listening experience designed to accompany your 30-minute HomeQure session.

Played together, the soundtrack and HomeQure programme provide a dedicated opportunity to switch off from everyday distractions, relax and enjoy a period of calm, reflection and rejuvenation.

RELAXATION • REJUVENATION • REFLECTION
CALM • BALANCE • SELF-CARE

SOUND + FREQUENCY = DEEP RELAXATION

TWO COMPLEMENTARY EXPERIENCES WORKING TOGETHER:

SANO HOMEQURE

The dedicated Chakra Balancing programme provides the PEMF component of your 30-minute relaxation session.

+

MB-HOLISTICS FREQUENCY SOUNDTRACK

A unique 30-minute frequency track developed specifically to complement the Sano HomeQure Chakra Balancing programme.

Together, they create an immersive 30-minute mind, body and sound experience.

YOUR 30-MINUTE RESET

- Lie back.
- Close your eyes.
- Listen to the MB-Holistics frequency track.
- Allow the HomeQure Chakra Balancing programme to run.

Give yourself permission to switch off from everyday distractions and enjoy a period of quiet relaxation for 30 minutes.

A BEAUTIFUL WAY TO CREATE SPACE FOR:

- Relaxation
- Rejuvenation
- Reflection
- Calm
- Balance
- Self-care

CREATED ESPECIALLY FOR HOMEQURE

The HomeQure has many health and wellness programs.

The Solfeggio program was based on the premise that Solfeggio tones are specific sound frequencies linked to chakras in the world of modern sound healing and meditation.

Lie back. Listen. Relax. Rebalance.

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SanoVision
The Secret Of Health

SANO HOMEQURE
PEMF TECHNOLOGY

Owning the Homequre PEMF is the best gift you can give your own cells.
To purchase please contact
Elizabeth Bayliss BSc Chiro CCT
07775 692225

Want your own personalised HomeQure soundtrack?
Contact MB Holistics to discuss your personal needs.

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