

YOUR FREQUENCY. YOUR JOURNEY. YOUR 30 MINUTES.

A UNIQUE CHAKRA
REBALANCING EXPERIENCE

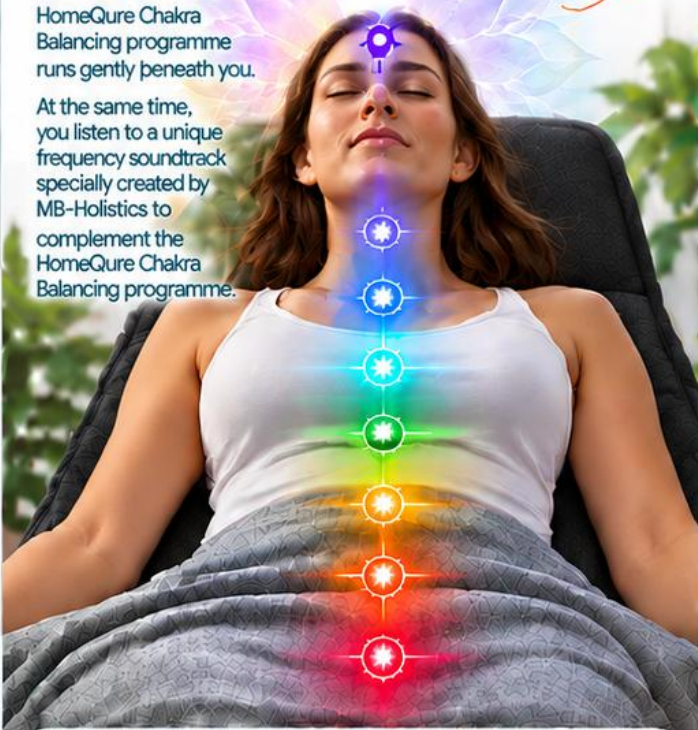


Imagine taking
30 minutes away
from the outside world.

You lie back, close
your eyes and allow
yourself to completely
relax while the Sano
HomeQure Chakra
Balancing programme
runs gently beneath you.

At the same time,
you listen to a unique
frequency soundtrack
specially created by
MB-Holistics to
complement the
HomeQure Chakra
Balancing programme.

*Relax
Rebalance
Rejuvenate*



A SOUNDTRACK CREATED FOR HOMEQURE

MB-Holistics has created a unique 30-minute Chakra Rebalancing frequency track specifically for use alongside the Sano HomeQure Chakra Balancing programme.

The soundtrack brings together carefully selected sound and frequencies to create an immersive listening experience designed to accompany your 30-minute HomeQure session.

Played together, the soundtrack and HomeQure programme provide a dedicated opportunity to switch off from everyday distractions, relax and enjoy a period of calm, reflection and rejuvenation.



RELAXATION • REJUVENATION • REFLECTION
CALM • BALANCE • SELF-CARE

SOUND + FREQUENCY = DEEP RELAXATION

TWO COMPLEMENTARY EXPERIENCES
WORKING TOGETHER:



SANO HOMEQURE

The dedicated Chakra Balancing programme provides the PEMF component of your 30-minute relaxation session.



MB-HOLISTICS FREQUENCY SOUNDTRACK

A unique 30-minute frequency track developed specifically to complement the Sano HomeQure Chakra Balancing programme.

Together, they create an immersive 30-minute mind, body and sound experience.

YOUR 30-MINUTE RESET



Lie back.



Close your eyes.



Listen to the
MB-Holistics
frequency track.



Allow the HomeQure
Chakra Balancing
programme to run.

Give yourself
permission to switch
off from everyday
distractions and
enjoy a period of
quiet relaxation.
for 30 minutes.

A BEAUTIFUL WAY TO CREATE SPACE FOR:



Relaxation



Rejuvenation



Reflection



Calm



Balance



Self-care

CREATED ESPECIALLY FOR HOMEQURE

The HomeQure has many health and wellness programs.

The Solfeggio program was based on the premise that Solfeggio tones are specific sound frequencies linked to chakras in the world of modern sound healing and meditation.

Lie back. Listen. Relax. Rebalance.



07957 423158



www.mb-holistics.co.uk



mandy@mb-holistics.co.uk



SanoVision
The Secret Of Health

SANO HOMEQURE
PEMF TECHNOLOGY

Owning the HomeQure PEMF is the best gift you can give your own cells.

To purchase please contact

Elizabeth Bayliss BSc Chiro CCT

07775 692225

Want your own personalised HomeQure soundtrack?

Contact MB Holistics to discuss your personal needs.

