SANO HomeQure

PEMF for everyday health, energy and wellbeing

What if we supported our health before something went wrong?

We already understand that looking after our health is something we should do every day. We eat well. We exercise. We try to sleep well. We stay hydrated. We manage stress.

SANO HomeQure brings that same philosophy to PEMF therapy. Rather than thinking of PEMF simply as something to use when you have pain or a particular problem, HomeQure has been designed as a whole-body wellness system for regular home use.

Support the cells, and you support the body.

Every muscle, nerve, organ and tissue in your body is made from cells. Those cells need oxygen, nutrients and energy to perform the jobs they were designed to do. SanoVision identifies improved microcirculation and support for cellular energy production among the important biological effects described for HomeQure.

What is PEMF?

PEMF stands for Pulsed Electromagnetic Field therapy. A PEMF device generates carefully controlled magnetic pulses that can pass through the body and interact with biological tissues.

Unlike massage, PEMF does not need to physically manipulate the body. It is not simply heat, and it does not work by passing a conventional electrical current through you. SANO HomeQure uses extremely low-frequency, low-intensity pulsed electromagnetic stimulation for its private-user whole-body applications.

Why does that matter?

One of the most fundamental requirements for good cellular function is an effective supply of oxygen and nutrients. That depends upon circulation - and particularly microcirculation, the movement of blood through the enormous network of tiny capillaries supplying tissues throughout the body.

The SanoVision guide describes HomeQure as supporting microcirculation and consequently the delivery of oxygen and nutrients to cells and tissues. And once those resources reach the cells, the cells have to turn them into energy.

THE ROSE CLINIC • PROTECTED DOCUMENT

© The Rose Clinic Ltd • Personal use only • theroseclinic.co.uk

YOUR BODY RUNS ON CELLULAR ENERGY

Meet your mitochondria

Inside almost every cell are microscopic structures called mitochondria. They are responsible for producing much of the usable energy required by your cells. That energy is known as ATP - adenosine triphosphate.

Your muscles need it. Your nerves need it. Your brain needs it. Your organs need it. And the normal processes involved in maintenance and recovery need it.

SanoVision describes one of HomeQure's important effects as supporting mitochondrial function and cellular energy production.

CIRCULATION
↓
OXYGEN + NUTRIENTS
↓
MITOCHONDRIAL ENERGY
↓
CELLULAR FUNCTION
↓
WHOLE-BODY WELLBEING

THE ROSE CLINIC • PROTECTED DOCUMENT

It isn't just about where it hurts

People frequently discover PEMF because something hurts - perhaps a back, shoulder or knee. But SanoVision's philosophy for HomeQure goes considerably further.

If PEMF can influence fundamental physiological processes such as microcirculation and cellular energy production, its relevance is not confined to one painful joint. Cells are everywhere.

The manufacturer's private-user guide describes wellness applications including relaxation and stress reduction; sleep quality; autonomic nervous-system balance; circulation and microcirculation; oxygenation; cellular energy production; vitality and recovery; muscle relaxation; joint comfort and mobility; mental clarity and general wellbeing.

Don't think: 'Where does it hurt?'
Think: 'How well are my cells being supported?'

That is the philosophy behind SANO HomeQure.

© The Rose Clinic Ltd • Personal use only • theroseclinic.co.uk

WHY SANO HOMEQURE?

Not all PEMF is the same

The term PEMF describes a category of technology rather than one identical treatment. PEMF systems can differ considerably in their frequencies, intensity and waveforms.

SanoVision's approach is therefore not simply about creating the strongest possible magnetic field. For whole-body home use, the HomeQure philosophy is different: gentle, low intensity and carefully structured.

The system's established BASIS, RELAX and VITAL programmes combine numerous frequencies rather than simply repeatedly delivering one frequency. SanoVision describes the development of these programmes as involving expertise from doctors, physicists, chemists, biologists and clinical therapists.

Think of it like music

SanoVision uses an interesting analogy to explain its approach. Imagine listening to a single musical note repeated again and again. Now compare that with listening to a beautifully composed piece of music. The individual notes matter - but so do their combinations, timing and harmony.

SanoVision applies a similar philosophy to PEMF. Multiple frequencies are grouped and modulated into soft, subtle waveforms rather than relying simply upon repetitive stimulation.

Who are SanoVision?

SanoVision GmbH is a German developer of wellness and medical technologies, with a particular focus on frequency therapy and pulsed electromagnetic-field stimulation. HomeQure forms part of a wider family of SanoVision technologies using electromagnetic stimulation for different applications.

For private home wellness use, HomeQure provides gentle, low-intensity stimulation. The HomeQure platform also supports specialist applicators and higher-intensity stimulation intended for appropriately trained professional users.

Developed for wellness.
Designed for the home.
Built on professional PEMF technology.

THE ROSE CLINIC - PROTECTED DOCUMENT

© The Rose Clinic Ltd • Personal use only • theroseclinic.co.uk

WHY HOMEQURE COULD BECOME PART OF EVERYDAY LIFE

You don't wait until you're unwell to start looking after yourself.

You don't exercise only when something hurts. You don't eat vegetables only when you're ill. And you don't need to wait for a health problem before thinking about circulation, recovery, stress or cellular energy.

That is the idea behind using HomeQure as part of an everyday wellness routine. The SanoVision guide makes this distinction strongly: HomeQure is not intended simply as a pain-management system. Instead, the manufacturer positions its low-intensity PEMF technology as part of a wider healthy lifestyle incorporating movement, nutrition, sleep and other positive habits.

Different lives. The same fundamental biology.

HomeQure may be relevant to someone who exercises regularly and wants to support recovery. It may appeal to someone with a demanding job who wants to support relaxation and sleep. It may be particularly interesting later in life, when activity and circulation can become increasingly important. And it may simply appeal to someone already interested in nutrition, exercise and longevity who wants to add another dimension to a daily wellness routine.

Your cells need oxygen, nutrients and energy to function.

Think of HomeQure as a daily cellular tune-up

HomeQure is not intended to replace movement. It does not replace nutritious food. It does not replace good sleep. And it does not replace appropriate medical care. It is designed to complement them.

SanoVision specifically states that HomeQure is not claimed to cure disease. Anyone with a chronic condition should continue to follow the advice and treatment plan provided by their doctor.

Not simply treating a problem. Supporting the body.
Not simply managing pain. Supporting cellular function.
Not simply something to use when you're unwell. Something you can incorporate into the way you look after yourself.

THE ROSE CLINIC · PROTECTED DOCUMENT

SANO HomeQure

Stay Young. Fit and Vital.

PEMF technology for everyday wellbeing.

© The Rose Clinic Ltd • Personal use only • theroseclinic.co.uk